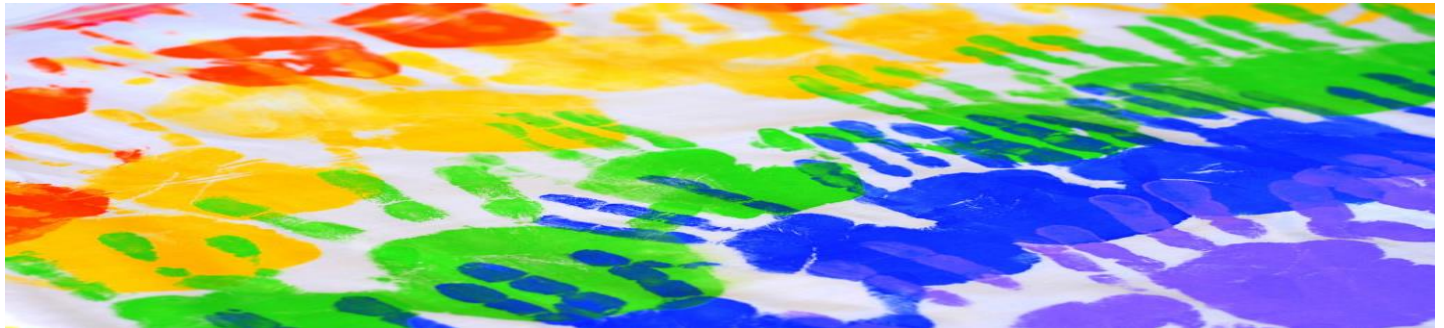


TR NEWSLETTER



COOKING CLASS

Cooking Class is designed to help participants learn the basic techniques of cooking and kitchen safety. All participants must be pre-registered to attend. Cost is \$12 per class. *Cooking Class will be held at the McAbee Center on Monday, December 12th from 5:00pm – 7:00pm.*

****No Cooking Class on Monday, December 26th****

BOWLING

Bowling will meet each Wednesday afternoon at Bowlero on McFarland Blvd. from 2-4p.m!
Cost is \$4 per game.

Everyone MUST be picked up by 4p.m

****No Bowling on Wednesday, December 21st & 28th****



The 2022 – 2023 Competitive Swim Program will *ONLY MEET on Wednesday, December 7th & 14th* at the Bobby Miller Activity Center from 4:30-6p.m. The cost for December is \$10 this month for each participant

DINNER & A MOVIE SPACE IS LIMITED!

Dinner & A Movie will be held on Friday, December 2nd. We will depart from the Belk Center at 5:00p.m. and return at 9:45p.m. All participants must be pre-registered to attend; the registration deadline is Tuesday, November 29th. Come by one of PARA's centers to sign up, the registration fee is \$20.00.

Each registered participant must bring \$20.00-\$25.00 cash to cover the cost of his/her dinner



CHRISTMAS DANCE

The "Christmas Dance," will be held at the McAbee Center on December 16th from 6:00p.m.-8:00p.m.

Come enjoy the food, music, and fun.
The Cost is \$4 per participant.



TR SIP & PAINT SPACE IS LIMITED!

WHEN: Friday, January 20, 2023
WHERE: McAbee, Sr. Activity Center
Time: 5:00p.m. - 9:00p.m.
COST: \$25.00 per person



Cost includes all materials and dinner.
DEADLINE: *Pre-registration is required. All registration forms and fees are due by 5p.m. on Friday, December 16, 2022.*

QUESTIONS: LeTrice Prince-Koon at 205.562.3230 or 205.361.3604.



December 2022

TR CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 <u>DINNER & A MOVIE</u> Depart Belk @ 5:00p.m. Return Belk @ 9:45p.m.	3
4	5 WEST ALABAMA CHRISTMAS PARADE Downtown 6:30p.m	6	7 <u>BOWLING</u> @ Bowlero 2:00p-4:00p <u>SWIMMING</u> @ Bobby Miller 4:30p-6:00p	8	9	10
11	12 <u>COOKING</u> @ McAbee 5:00p-7:00p	13	14 <u>BOWLING</u> @ Bowlero 2:00p-4:00p <u>SWIMMING</u> @ Bobby Miller 4:30p-6:00p	15	16 <u>CHRISTMAS DANCE</u> @ McAbee 6:00-8:00p.m. Deadline for SIP & PAINT @ 5p.m.	17
18	19	20	21 NO BOWLING NO SWIMMING	22	23	24
	26 NO COOKING CLASS	27	28 NO BOWLING NO SWIMMING	29	30	

Do you need more info or details about these or other PARA events?
 Contact: LeTrice Prince-Koon 205.361.3604 or email: lprince@tcpara.org

Or call the Office: 205.562.3230

